What can NY Connects do for you?

NY Connects is a state wide program. In Otsego County the NY Connects office is embedded in the Office for the Aging and our ILC Partner is through the Catskill Center for Independence. NY Connects is the connection for clients and caregivers to long term services and supports.

- Information and assistance to clients and caregivers of any age
- Application assistance, we can meet in the office or in the client’s home
  - Medicaid
  - SNAP applications
  - HEAP applications
  - Furnace Replacement or Repair applications
  - Medicare Savings Program Applications
  - HUD application assistance
  - Subsidized Housing Applications
  - Weatherization
  - ORHA

- In Otsego County we can assist with Medicaid In Home Services (MIHS)
  - Client must have Community Coverage with Long Term Care Services
  - We can help to convert Medicaid to get them services if needed
  - (MIHS) can provide level 1 personal care services (No hands on care)
    - Housekeeping (sweeping, mopping, dusting, vacuuming)
    - Laundry
    - Shopping
    - Errands
    - Meal preparation
    - Cleaning Kitchen
    - Washing Dishes
    - Making and Changing Beds

- Connect clients and caregivers to Managed Long Term Care (MLTC) plans if they need level II personal care services (including hands on care)
  - Level II care consists of:
    - Bathing
    - Grooming
    - Bathroom and/or bedpan routines
    - Walking
    - Transferring from bed to chair or wheelchair
    - Assistance with medications ordinarily self- administered on physicians orders

- MLTC can also provide Home Delivered Meals (HDM) with an assessed need to persons of any age
• Refer and Connect with Otsego County Mental Health Services and SPOA
  o Mental Health services
  o Care Coordination (for those with Medicaid)
• Connect clients to the Otsego County Office for the Aging HDM program
  o Clients must be age 60 or older to receive this service
  o Frail or incapacitated due to accident or illness
  o Lacks the support of family, friends or neighbors
  o Resident of Otsego County
  o Homebound
  o Unable to prepare meals for themselves
  o Suggested donation of $3.50 per meal
  o Meals are delivered frozen, weekly to the client’s home
• Connect clients to the Otsego County Office for the Aging Expanded In-home Services for the Elderly (EISEP) program
  o Offers in home personal care services for 1-4 hours (on average) per week
  o Must be age 60 or older
  o Can not be a duplication of services already being received
  o Services cannot be accessible through another method (ie. Medicaid)
• Connect clients to the Otsego County Office for the Aging for Personal Emergency Response System’s (PERS)
  o Must have an assessed need for service
  o Must be unable to receive the services through other means
  o Must be low to moderately low income
• Referral to Legal Aid
• Referral to the Caregiver Respite Services through Office for the Aging
  o Client must be age 60 or older or client must have dementia or Alzheimer’s
  o Caregiver must spend the majority of the day caring for client
  o Caregiver cannot be the paid provider for the respite services
• Assistance with the OPWDD process
• Connection to disability services
• Connect clients to the Community First Choice Options program (CFCO)
  o Assistance with DME vendors
  o Medical and Surgical Suppliers, locally
  o Options for Non Emergent Medical Transportation
  o Home Health Care Aide
  o Consumer Directed Personal Assistance Program
  o Personal Emergency Response Systems
  o Personal Care

HOW TO CONTACT US:
Call NY Connects of Otsego County (607) 547-4390 or
NY Connects of our area Independent Living Center at (607) 432-8000